

MEXICAN MIXER

This is a "Tex-Mex" Dance.

Music: Use any good Mexican Polka such as "Las Perlitas" AFLP 1898 Viva Mexico; "Atotoni co" Columbia EX 5110 Maraachi! The Sound of Mexico. Other usable records are: RCA Record on LPM 1619 or the 45 RPM of same; Vienna Two Step.

Formation: Cpls in a circle, in promenade pos, facing LOD. Hands are crossed in front, W's R hand in M's R, L in L.

FIGURE I. M start on L ft, W on R ft. Take 4 steps in LOD. Turn to face ptr, but continue in the same direction. Side to side with L ft, step with R behind L ft, step with L to L. W does the same but starts with R ft. Finish Figure I facing ptr, R hands joined.

FIGURE II. Single circle formation, with all holding ptr by R hand and the other person by the L hand. All balance fwd and back (M will be moving away from ctr, W to the ctr).

Now hold R hands only with ptr, and with that person turn halfway around. Now rejoin hands in single circle formation again. This time M are facing ctr, W have back to ctr.

Balance fwd and back again, but this time turn L hand person by L hand half way around, and this will be your NEW ptr.

Immediately cross hands with this new ptr and begin dance moving fwd side by side as in Figure I.

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